



PARENTS' REFUSAL TO CONSENT ON PHYSICAL EXAM

We, the parents or guardian, have been unable to meet CIF ruling, Article 30, Section 308, which requires a statement from a physician or medical practitioner. Therefore, we refuse to consent to a physical examination of our student at this time and take the responsibility of complying with the Education Code provision concerning Parents' Refusal to Consent. WE ASSUME FULL MEDICAL RESPONSIBILITY AND RELEASE VALLEY CHRISTIAN SCHOOLS AND COACH IN CHARGE OF ANY LIABILITY WHATSOEVER.

Parent Name (print)

Parent Signature

Date

PARENTAL SPORTSMANSHIP

A good sport, whether a student or a parent, is a true leader in the community. As a parent of a student at our school, your sportsmanship goals must include:

- Realizing that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a game;
- Encouraging our students to perform their best, just as we would urge them on with their class work, knowing that others will always turn in better or lesser performances;
- Participating in positive cheers that encourage our students; and discouraging any cheer that would redirect that focus—including those that taunt and intimidate opponents, their fans and officials;
- Learning, understanding and respecting the rules of the game, the officials who administer them and their decisions;
- Respecting the task that our coaches face as teachers; and supporting them as they strive to educate our youth;
- Respecting our opponents as fellow students, and acknowledging them for striving to do their best; and
- Developing a sense of dignity under all circumstances

Parent Name (print)

Parent Signature

Date

ATHLETE EJECTION NOTIFICATION POLICY

The following rules and minimum penalties are applicable to players as adopted by the North Coast Section, Board of Managers, on April 21, 1995. This policy is in effect and will remain in effect for each school year and will include non-league, league, tournaments, events and post-season playoffs.

1. Ejection of player from a contest for unsportsmanlike or dangerous conduct.
PENALTY: The player shall be ineligible for the next contest at a minimum.
2. Illegal participation in the next contest a player ejected in a previous contest.
PENALTY: The contest shall be forfeited and the ineligible player shall be ineligible for the next contest.
3. Second ejection of player for unsportsmanlike or dangerous conduct from a contest during one season.
PENALTY: The player shall be ineligible for the remainder of the season.
4. When one or more players leave the bench or cross the sideline to begin or participate in an altercation.
PENALTY: The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest.

I have read and understand the rules and regulations listed above. I understand that my athlete is not allowed to participate in any tryout, practice or contest until this document is filed in the Athletic Office.

Student Name (print)

Student Signature

Date