

VALLEY CHRISTIAN MIDDLE SCHOOL & HIGH SCHOOL ATHLETICS

PARENT/STUDENT ATHLETIC CONTRACT

I realize that it is a privilege to participate in all athletic activities at Valley Christian Middle School & High School. Accordingly, I hereby agree to obey the following regulations and training rules set by Valley Christian Schools, Bay Area Conference (BAC), Bay Area Christian Schools Athletic League (BACSAL) and the California Interscholastic Federation (CIF). All athletes and coaches must sign the BAC ejection policy form prior to the first day of practice of each sport season. All athletes, parents, guests and fans, regardless of venue, circumstance or team must follow North Coast Section (NCS) regulations (300H-305H) regarding sportsmanship or will be subject to immediate removal or disqualification.

Physical Exams:

- All athletes must have an annual physical release form turned in to the Athletic Director prior to the first day of practice (no exceptions).
- These physicals are valid beginning July 1st of the new school year until June 30th of the current school year.

Sports Fees:

- A seasonal sports fee must be paid or other arrangements made before participating in the first contest of the season. The sports fee is used to rent facilities, hire officials, hire coaches, purchase equipment, purchase uniforms, awards and certificates.
- The sports fee is non-refundable.
- Athletes may also be asked to purchase team shoes, shirts, sweatshirts, warm-ups, etc.
- Parents/athletes will be notified of fees associated with that particular sport.
- Lost or damaged equipment (including uniforms) must be paid for by the athlete. The athlete will not be eligible for next season until uniform is returned or payment for lost uniform is received.

Eligibility Requirements:

- To remain eligible, an athlete must maintain a 2.00 GPA with no F's at the end of each quarter or show probationary progress.
- If an athlete is deemed academically ineligible, then he/she will be placed on probation. The athlete will be allowed to continue participating with the team, permitting that the student makes satisfactory progress.
- The ineligible athlete must submit a weekly progress report to the Athletic Office. The report must have the teachers' signature and grade.

Team Commitments:

- All athletes are expected to attend ALL PRACTICES AND GAMES unless they are ill/injured and unable to attend school. If an athlete is ill/injured, but able to attend school, he/she is expected to attend and observe the practice sessions and contests.
- Attending practice is essential to the success of the team, so please schedule all medical/dental appointments around practices/games.
- Excessive absences/tardiness to practices or games will result in dismissal from the team.
- Each athlete is required to attend **all** class periods of school the day of a practice or game to retain eligibility to participate. Exceptions are few, but may include scheduled doctor appointments, dentist appointments, EP days, etc.
- Athletes who have more advanced skills/abilities will be challenged as well as those with less advanced skills and abilities. To provide equal playing time would compromise our program and the goals we have established. We will, in every instance, attempt to field a team that has the best chance of winning a game/match. We do not guarantee playing time and athletes must understand that if they are in the game they are there because they are contributing to the team's success and not hurting the team.
- All players are encouraged to attend other games that are in season, both home and away. Supporting our fellow athletes is essential to the success of our programs.
- It is expected that all athletes will complete the season of sport once placed on a team. If an athlete quits the sport prior to the last game, he/she will not receive academic credit for participation and further athletic consequences could result.

Off-season Commitments:

- Participation in the off-season is expected of our athletes. The Athletic Department encourages its athletes to attend summer camps, summer leagues and off-season strength and conditioning to develop their skills. Multi-sport athletes are strongly encouraged.

Parent Commitments:

- Parents are expected to help carpool athletes to and from practices and competitions.
- All drivers must provide their insurance declaration page showing limits of insurance along with providing a copy of their current license.
- Upon returning to the school, parent drivers must remain until parents pick up the athletes in their carpool, or until the coach arrives to assume responsibility for the players that remain.

Criteria for Awards:

- Awarding a "varsity" letter is at the discretion of the coach and Athletic Director if an 80% minimum contest/practice participation requirement is not met.

Behavior/Attitude:

- The use of alcohol/drugs is grounds for dismissal from the team. Reinstatement is at the discretion of the athletic director and administration.
- Athletes/parents shall direct any questions or concerns through proper channels of communication: first to his/her coach, then the Athletic Director, then Administration.
- All athletes are reminded that they represent Valley Christian High School both on and off campus and are expected to respect teammates, coaches, opponents, and officials and be representatives of our mission to our community at large.

I understand the above Parent/Student Athlete Agreement as well as the rules and regulations of Valley Christian Middle School & High School regarding student behavior as contained in the VCS Handbook, and agree to be bound by them. I understand that there are inherent risks involved with any athletic participation. I understand that this Parent/Student Athletics Agreement is in effect for the entire academic year.

Student Signature

Date

Parent/Guardian Signature

Date